

Moroccan Salmon Meatballs with Mint Yogurt Sauce

Nutrition Facts

4 servings per container

Serving size

4 oz (~4 meatballs) (185g)

Amount Per Serving

Calories

240

% Daily Value*

Total Fat 4.5g **6%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 90mg **30%**

Sodium 600mg **26%**

Total Carbohydrate 21g **8%**

Dietary Fiber 2g **7%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

Protein 29g

Vitamin D 1.4mcg 8%

Calcium 220mg 15%

Iron 1.3mg 8%

Potassium 18770mg 400%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ATLANTIC SALMON, ORGANIC ONIONS, ORGANIC RED BELL PEPPER, POTATO FLAKES, SEA SALT, ORGANIC GARLIC POWDER, ORGANIC BLACK PEPPER, ORGANIC BEET POWDER, NONFAT GREEK YOGURT (NONFAT YOGURT (CULTURED PASTEURIZED NONFAT MILK), LIVE AND ACTIVE CULTURES: S. THERMOPHILUS, L. BULGARICUS, L. ACIDOPHILUS, BIFIDUS AND L. CASEI), ONION, PANKO CRUMBS (WHEAT FLOUR, <2% OF SUGAR, YEAST, SOYBEAN OIL, SALT), EGG YOLK, LEMON JUICE, GARLIC, CILANTRO, BLACK PEPPER, MINT, KOSHER SALT, CINNAMON, CUMIN, CAYENNE PEPPER, CORIANDER